

**What is claimed is**

1. A method for preparing a *Sophorae Fructus* extract containing isoflavone comprising the following steps:
  - 5 (a) hydrothermally extracting *Sophorae Fructus* by adding water to the *Sophorae Fructus* and heating;
  - (b) removing a precipitate by cooling and filtering the extract to produce a filtrate;
  - (c) treating the filtrate with amylase or pectinase;
  - 10 (d) recovering a precipitate by centrifuging the enzyme treated solution and adding ethanol to the precipitate; and
  - (e) recovering a supernatant by centrifuging the ethanol added solution.
2. The method of Claim 1, wherein the *Sophorae Fructus* of step (a) is used  
15 after pulverization.
3. The method of Claim 1, wherein the hydrothermally extracting of step (a) is performed at 100 ~ 130°C for 1 ~ 6 hours after adding water 3 ~ 20 times as much as *Sophorae Fructus* based on the weight.  
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4. The method of Claim 1, wherein the extract of step (b) is cooled to 40 ~ 60°C.
5. The method of Claim 1, wherein the step (c) is performed by heating the  
25 filtrate to 40 ~ 60°C, adding amylase or pectinase by 0.01 ~ 1%(v/v) to the filtrate,

and reacting for 4 ~ 24 hours.

6. The method of Claim 1, wherein the precipitate of step (d) is shaken for  
30 ~ 60 minutes after adding ethanol 5 ~ 10 times as much as the precipitate weight,  
5 and left for 60 ~ 120 minutes.

7. The method of Claim 1, wherein the method comprises an additional step  
of concentrating the supernatant of step (e).

10 8. The method of Claim 7, wherein the method comprises an additional step  
of pulverizing the concentrate by spray drying.